



Our aim is to provide bereavement support to people to allow successful grieving to occur. We meet once a month at The Hainault Community Centre, 100b, Manford Way, Chigwell, Essex. IG7 4DF.

**For details please contact:-
Mary Casey on 07710 155360
or Pat Peake MBE on 02085 004838
or visit our website: www.healinghearts.uk**